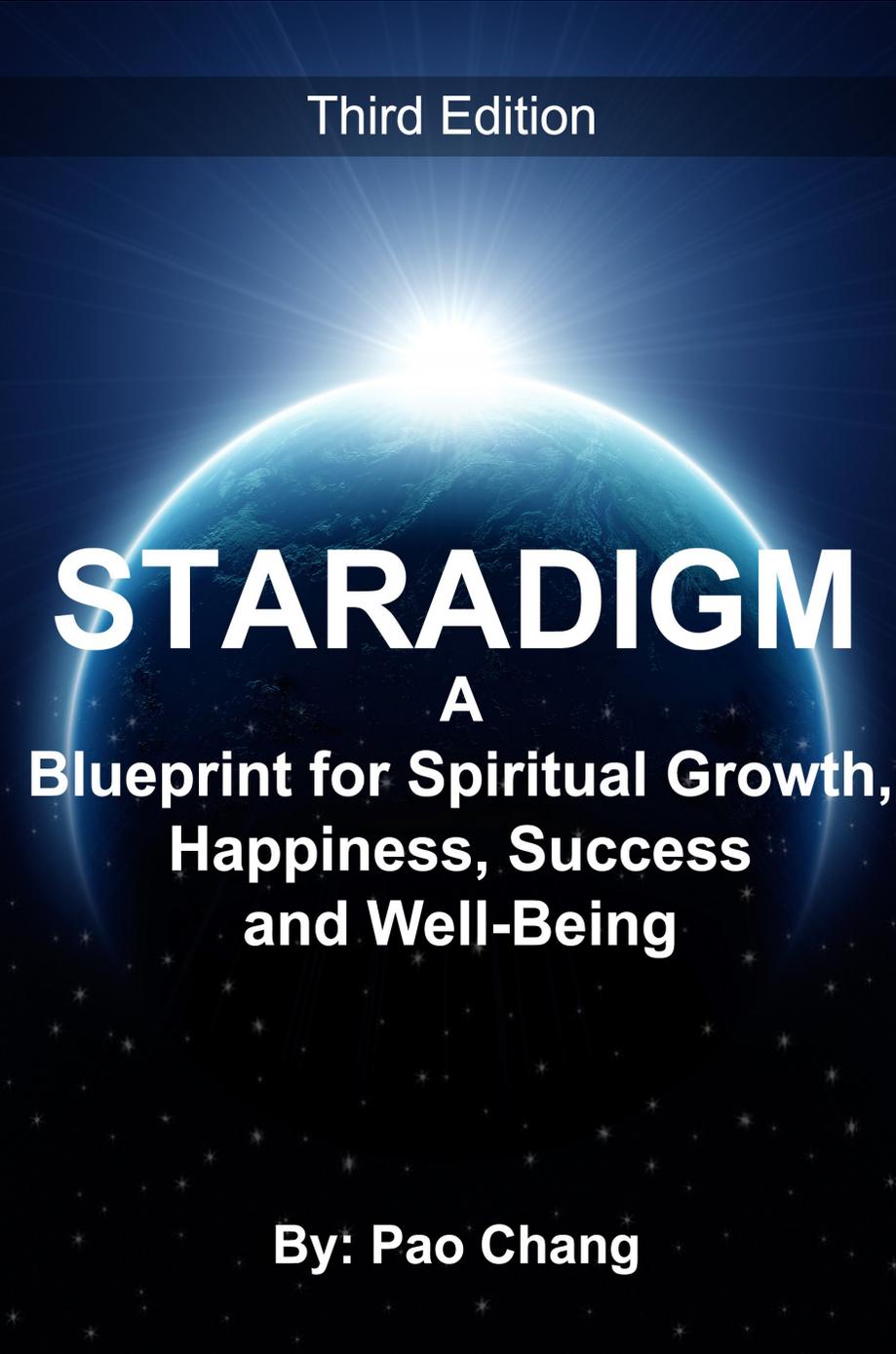


Third Edition



# **STARADIGM**

**A**

**Blueprint for Spiritual Growth,  
Happiness, Success  
and Well-Being**

**By: Pao Chang**

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I dedicate this book to all the beings out there who are standing up for mankind's freedom. If it were not for their participation and dedication in protecting and waking up mankind, we would have been slaves a long time ago. Thank you for your courageous effort and unconditional love.

A special thank you to Asia Brandvold Karpuleon for helping me edit the first edition of this book.

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# Introduction

Staradigm is a concise yet comprehensive book that is best read with an open mind because it covers sacred knowledge related to health and wellness, genuine spirituality, success, happiness, inner peace, self-empowerment, Creation, mankind's origin and Natural Law. The material in Staradigm may initially seem contradictory, but as you grasp some of the enlightening material in this book, you will start to see how it relates to the world you live in. The information in this book is not meant to tell you how to live your life; rather, it is meant to give you knowledge of empowerment, so you can explore different ideas that can change your life for the better.

Some of the information in this book may seem like fiction because it cannot be proven by today's science, but do not let this discourage you from reading its content. Instead, try to look at the information as potential facts, and use your feelings and intuition to help you discern the information. Your feelings and intuition are your best tools to help you discern truth from false information. If you master these tools and learn how to use them wisely, no one can lie to you.

Staradigm is not your average book because it contains information that will cause a paradigm shift in how you view the reality that you live in. To help you understand reality beyond what you are conditioned to believe, certain physics must be explained, so you have a better understanding of how the Universe works. Do not be discouraged by this because the way I approach this subject is not from a physicist's point of view, but from the average person's point of view. In other words, I will explain it in a way that you can understand without using complex mathematical formulas and unfamiliar scientific words.

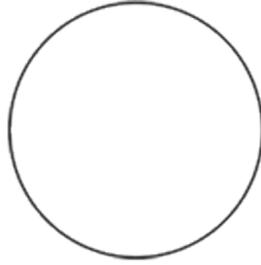
## *Staradigm*

Having a basic understanding of physics is essential for comprehending reality, because it plays an important role in how you experience life and evolve as a sentient being. In addition, knowing the science behind reality will help free your mind from Nature's art of illusion. If physics were to not be used to help explain some of the ideas in this book, you would have a hard time taking them seriously and understanding them. Once you understand some of the concepts in this book and implement them in your life, they will help reduce the time it takes for you to find success, happiness and spiritual enlightenment.

It is no accident that you found this book because nothing truly happens by accident in our magical, creative, intelligent and well-structured Universe. Deep down, your spirit has been anxious to expose you to this kind of information which is why you may feel that your life is off track or that time is running out. Consider this book as a blueprint to help point you towards the right path, so you can find the answers to certain questions that you have been searching for your whole life. These answers should help increase your physical, emotional, mental and spiritual health, and allow you to find more peace, joy, happiness, success, prosperity and enlightenment.

After you read this book, I encourage you to read it again because you may not initially be able to grasp all of the enlightening and empowering material in this book. Each reading of this book will cause a subtle expansion in your consciousness, helping you understand more of the information in it. As your consciousness expands, you will feel more empowered and enlightened, and you will have a better understanding of why the world is changing so rapidly during this special time in your Earth experience.

I also encourage you to read this book in chronological order because each chapter contains information that will help you understand the subsequent chapters. I know, that deep down, you have been searching your whole life, as well as many past lives, to remember who you are and why you are here. I hope this book will help you get on the right path so you can find the answers to your long-awaited questions.



# **Chapter 1**

## **The Harmonic Universe and Its Universal Laws**

To be successful, happy and healthy and live in prosperity, we need to understand what the Universe is and live in harmony with its natural laws. The Laws of the Universe are not meant to punish us but are meant to maintain balance and order so we can experience life to the fullest. They are there to help us manifest our desires into reality, if we choose to work with them in a harmonious way. The Universe is a very mysterious place for most of us because we have little understanding of what it is. Our modern society has taught us that the Universe is a scary, chaotic and dead place. Although this is true to a certain point, the Universe is more alive, beautiful and structured than we can currently comprehend.

When we take off the blindfold that has been put over our eyes since childhood and study how the Universe works beyond conventional methods, we will eventually realize that the Universe is not what we once thought it was. Furthermore, we will eventually see that it is a harmonic system that is conscious of its existence and works in harmonic cycles, and is very intelligent and well-structured. If it were not well-structured, galaxies and solar systems would fall apart, and the length of days would constantly fluctuate. This would make it impossible to have a calendar or a linear time system.

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Most of us see the Universe as an empty place that seems to stretch for eternity and has little or no relationship with us. This misconception makes it really hard for us to understand the Universe. In truth, the Universe has a really close relationship with us. It is a “reflection” of the interior of our bodies and works with us to create the reality that we live in, so we can grow and evolve as spiritual beings.

The Universe is an intelligent being who is loving and does not “judge” like how we do. It lives in a state of perfect harmony and pure cognition, and has universal laws that cannot be broken. However, we can choose to not obey its laws because we have free will, but not obeying them will cause disharmony to not only ourselves but also our environment. As a result, if we want to live in prosperity, we must live in harmony with its laws. Otherwise, we will become destructive and eventually destroy ourselves.

The Laws of the Universe are needed to manifest order out of chaos, allowing systematic realities to exist. Compare the Laws of the Universe to the codes of a computer and you should know how important they are to reality. Without them, galaxies and solar systems would not exist and life would not be possible. In other words, life did not happen by accident; rather, it was intelligently created.

It is mathematically impossible that a well-structured system like the Universe was created by accident. When we study our bodies and see how complex they are, we will eventually know that there is no way something as complex as the human body was created by accident. The Universe may be more complex than our bodies. Do you really think the Universe was created by accident? That is a question for you to contemplate.

The Laws of the Universe and their secrets are very well known by royal families and leaders of secret societies. Unfortunately, instead of sharing these secrets with us, they have hidden them from us because of their desire to keep us under their control. To allow us to know these secrets would mean that they would have to set us free. They know that the knowledge we would gain from these secrets would empower us so much that they would not be able to control us anymore.

## *The Harmonic Universe and Its Universal Laws*

Ancient civilizations also knew many secrets about the Universe and its laws. They even built secret chambers to protect their knowledge so future civilizations could benefit from them. Our current calendar and time system and much of our mathematics and science were highly influenced by these advanced ancient cultures. In fact, most of the knowledge we learn in school today is based on ancient knowledge.

Many ancient civilizations claimed that the Universe is a unified system bound by universal laws; therefore, if we want to live in prosperity, we need to live in harmony with the Laws of Nature. The problem with our society today is that we do not understand the Laws of Nature. Instead of living in harmony with these laws, most of us are doing the opposite. The proof of this is the current state of our planet Earth. As long as we keep destroying our planet, we can never experience true freedom and prosperity, which is why we are at the brink of extinction.

One important thing we need to know about the Universe is that it is “holographic”; thus, at any point of its existence, no matter how big or small, all knowledge of the whole is present. In school, we were taught that the Universe was a static and lifeless void. Hence, the probability of other “life forms” existing outside of our planet was close to none. This definition is not accurate and will be proven wrong in the very near future.

The Universe is not really a static system; rather, it is a dynamic system that is always interacting with its subsystems, even down to its atomic systems. Its operation is similar to how our bodies work. If we could step outside of the Universe and watch how all its systems operate in fast motion, we would see that everything is interacting with everything else. The Universe is an intelligent living being with pure consciousness. Imagine the Universe like it is the body of God and you will have a general idea of how it relates to you.

Most of us have been conditioned to judge life as something that breathes, eats, excretes, bleeds, grows, moves and reproduces. As a result, the thought of planets, galaxies or the Universe being intelligent life forms is unimaginable and sounds crazy to us. This kind of judgment makes it really hard for us to understand what life is. Something that is “alive” does not necessarily need to have a body

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made of flesh and blood. Physicality is nothing more than a byproduct of energy. Nothing is truly solid because when we break matter down to its fundamentals, it is made of only energy. This energy is consciousness and consciousness is energy; therefore, energy is conscious of itself.

When we break life down to the basics, life is about having consciousness and being conscious of our own existence. If we did not have consciousness, we would not be alive because we would not be conscious beings. The individual essence of who we are is our spirits, which are made of intelligent energy that thinks; therefore, our spirits are conscious and self-aware. Consciousness is an intelligent energy field that governs everything in the Universe and exists everywhere. Because of this, everything in the Universe is, in a sense, alive but in different levels of liveness.

When it comes to consciousness, bigger life forms do have more consciousness than smaller life forms. This does not mean that the smaller life forms cannot obtain the same levels of consciousness as the bigger life forms. It just means that the smaller life forms have not evolved to the point where they can receive higher levels of consciousness without damaging their bodies.

If size is a factor, does this mean that a whale is more evolved than we are? Not necessarily. The difference in size has to be significantly large—planetary size to be more accurate. For example, mother Earth's consciousness is a lot more expanded than ours and she has evolved beyond what we can fathom. The sun is even more evolved than our planet and lives in a state of consciousness that is beyond what words can describe.

The important things we should remember about the Universe are that it is “holographic”, intelligent, unified and alive; works in harmonic cycles; has universal laws; is conscious without biased judgments; and always vibrates toward a state of balance and harmony. Until we understand the Universe and live in harmony with its universal laws, living in a world filled with true peace and prosperity will be impossible.

## **The Five Basic Laws of Manifestation**

The Universe we live in is precious beyond our wildest dreams. It contains infinite possibility, creativity, knowledge and life. In order for life to exist in the Universe, there must be Universal Laws to bring order from chaos. Without these laws, life would not exist because everything would be based on randomness or accident. If we can truly understand how the Universe works, we will realize that there is no such thing as true accidents.

Because the Universe is so intelligent, it was able to manifest many natural systems, such as galaxies, solar systems and atoms. These natural systems are so intelligently designed that it requires advanced mathematics and advanced technologies to measure them. They are also made with great precision, even down to the atomic level and beyond.

The abusing of the Five Basic Laws of Manifestation is one of the main reasons that we are going through a lot of rough events. Unfortunately, these events are going to get worse, unless we wake up and take actions to turn these destructive events to constructive events. The potential of a world economic collapse, an energy crisis and another world war is the result of our lack of understanding the Universe and ourselves. To live in a more harmonious world, we need to understand the Universe and its laws. The best way to understand these laws is to first understand ourselves.

As man (male and female), we have a hard time understanding one another, because we think that we are very different. Some of the biggest conflicts we have are our beliefs that our god is better than someone else's god or our religion is better than someone else's religion. If we have a basic understanding of how the Universe truly works and its basic laws, we will know that we are united as one.

When we study the Laws of the Universe deeply enough, we will conclude that we are natural "fractals" of God. In other words, we are made of the same substance as God and have all the information of the Whole. Each of us is like a reflection of one another; therefore, fighting each other is meaningless, because we are only fighting a part of ourselves of which we are not consciously aware. However, if someone tries to harm you, you do have the right to defend yourself.

**[The rest of the book is only available in the full version. To purchase the full version, click the “Add To Cart” button below or visit [this page](#).]**